

Emotional Intelligence, Leadership Impact and Horses

How Barb horses enhance human leadership impact

Two experts enrich the market for leadership with a new concept. Their target groups are people in a leadership position or embarking on their career towards leadership who want to enhance their chances for successful interactions and relations.

Diplom Psychologist Ute Wagner and Dr. Susanne Geipert are absolutely convinced: it is possible to optimize leadership impact and Emotional Intelligence goal-oriented but also with fun.

These two professionals have used all their experience to design an exciting, creative workshop. During the 2.5 day workshop the participants will experience the Pinnacle of Leadership. Training with horses is no longer really new. Revolutionary here is: the programme is designed to integrate the concept of leadership impact, elements of Emotional Intelligence and the genial Barb horses as Co-Trainers.

Analytical thinking, intelligence and knowledge is no longer sufficient - modern leadership is not possible without Emotional Intelligence. We need it to perceive our own feelings and manage them as well as sense feelings and emotional states of others and use this to build lasting and positive relationships.

Emotional intelligent leaders create resonance with their team and thus motivate and inspire.

This workshop supports leaders to enhance their Emotional Intelligence. They learn how to adjust quickly and surely to various personalities, situations and demands. They develop a sensitive awareness of their own and the emotions of others. This information enables them to manage and steer their own communication – until they reach the highest Pinnacle of Leadership.

The three parts to this exceptional workshop are composed of activities before, within and after the seminar. The first step is assessing the leadership impact of the participants with an online test developed by the Department of Psychology at the University of Bochum before the training starts. Followed by the 2.5 day workshop including scientific input from the trainers, experiential learning, feedback, workgroups, individual reflection and working with the Barb horses. Last step is the opportunity for every participant to make use of a 45 min. phone coaching with one of the trainers 4 to 6 weeks after the workshop.

Daniel Goleman is one of the best known exponents of Emotional Intelligence. His research proves that leadership impact depends to a large extent on the emotional intelligent behaviour of the leader. Competencies are necessary in the following 4 areas:

1. Self perception
2. Self management
3. Social perception
4. Relationship management

Competencies in these fields can differ greatly for each individual. It is possible to enhance them through specially designed exercises.

Horses can help further this process because they react most sensitively to nonverbal signals and emotions. They support the participants to sharpen their self perception and to manage their emotions. Horses provide clear, direct feedback regarding our impact – which leaders usually rarely get in their daily life.

Barbs horses come from North Africa and have a special relationship to humans. They give us unconventional and genuine feedback. – and are fun to work with!

Your trainers: Leadership professional meets horse expert!

Half a century of combined experience in this unbeatable team provides new ways for leaders!

Diplom Psychologist Ute Wagner (Schilling und Partner, International Coaching)

Active internationally as Coach and Trainer for more than 20 years, specialized in Leadership and Communication. In her experience, resonant and effective leadership means the ability to react to the situation, the individual and the demands of the respective company by flexibly adjusting leadership style and communication. Perfecting only one leadership style for everybody and every situation is by far not enough.

Emotional Intelligence is the early warning system and a beacon for the way – often the most important feature of a leader combined with factual knowledge and expertise.

The core of her work is supporting new as well as experienced leaders to learn how to manage themselves and others even better. They experience and practice perceiving the status of their environment with alertness and also reacting to changes with goal-oriented strategies and positive interactions. They build lasting and positive relationships within and outside their company.



Dr. agr. (PhD agricultural science) Susanne Geipert

Combines long standing professional experience with horses and her own leadership career. She has lived where the Barb horses originate: North Africa. From the beginning she was fascinated by their exceptional characteristics such as loyalty, courage and their special relationship to humans.

Being in a leadership position in critical areas like Algeria and Afghanistan taught her the enormous value of Emotional Intelligence. She has set heart and mind to transfer these experiences to leaders in an unconventional way, by working together with these genial Barb horses.



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„The Pinnacle of Leadership “: Leadership Impact, Emotional Intelligence and Barb horses

Goal

Exploring elements of Emotional Intelligence to enhance one's leadership impact supports the participants in successfully mastering the complex demands and changes within their professional context. Excellent leaders are not only characterized by their factual knowledge but show the ability to perceive their own emotions and those of others and therefore to design interaction and communication positively in their day-to-day work. The individual process of experiencing and learning is supported by specifically designed exercises with the amiable, genial Barb horses. They assist in providing unconventional and direct feedback. The workshop deepens the participants understanding of the important role of emotions at the workplace, sharpens their self perception and broadens the behavioral alternatives for managerial interaction and communication in a constructive way.

The Trainers

This unique workshop was designed by Ute Wagner (with more than 20 years experience of successfully engaging people as their trainer and coach in the areas of leadership and communication) and Dr. Susanne Geipert, (PhD of Agricultural Science) and expert on horses, as well as holding leadership positions in critical countries such as Algeria and Afghanistan. Both are supported by two Co-Trainers and the ever genial Barb horses.

Topics of Pinnacle of Leadership

- Experience and enhance leadership impact
- Transfer the model of Emotional Intelligence into daily work
- Sharpen the self perception as a basis for emotional intelligent leadership
- Build up personal competencies in select areas of Emotional Intelligence
- Receive feedback from human and equine trainers regarding leadership behavior

Structure and Methods

- ✓ In advance: Fill out a questionnaire on leadership impact, developed by the University of Bochum (BIF)
- ✓ 2.5 day workshop
 - Trainer input
 - Individual and group work, case studies
 - Experiential exercises
 - Exercises with the Barb horses
 - Individual roadmap
- ✓ Following the training (after 4 – 6 weeks)
 - 45 Min individual telephone coaching with one of the trainers
- ✓ optional:
 - Application of other BIF modules
 - Individual work with trainer and horse

Participants

This workshop is especially beneficial for:

- Experienced leaders
- People who are aiming at to become leaders
- Human Resource Manager
- Project manager
- People wanting to experience and enhance their Emotional Intelligence

Workshop

The 2.5 day workshop is located in Welzheim near Stuttgart. Partly at the Golf- und Landhotel Haghof and partly at the private Barb stables AMAZIR

Participants: min. 8, max. 12

Price

€ 1.240 (incl. 19% VAT)

included are:

- Certificate of participation
- Photo documentation
- Business Lunch
- Workshop materials.

